



# CA HIMSS Chapter State HIT Day: The State of Telemedicine Policy Across the U.S.

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May 25, 2016

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# About ATA

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The American Telemedicine Association (ATA) is the leading international resource and advocate promoting the use of advanced remote medical technologies.

ATA and our members work to fully integrate telemedicine into transformed healthcare systems to improve quality, equity and affordability of healthcare throughout the world.

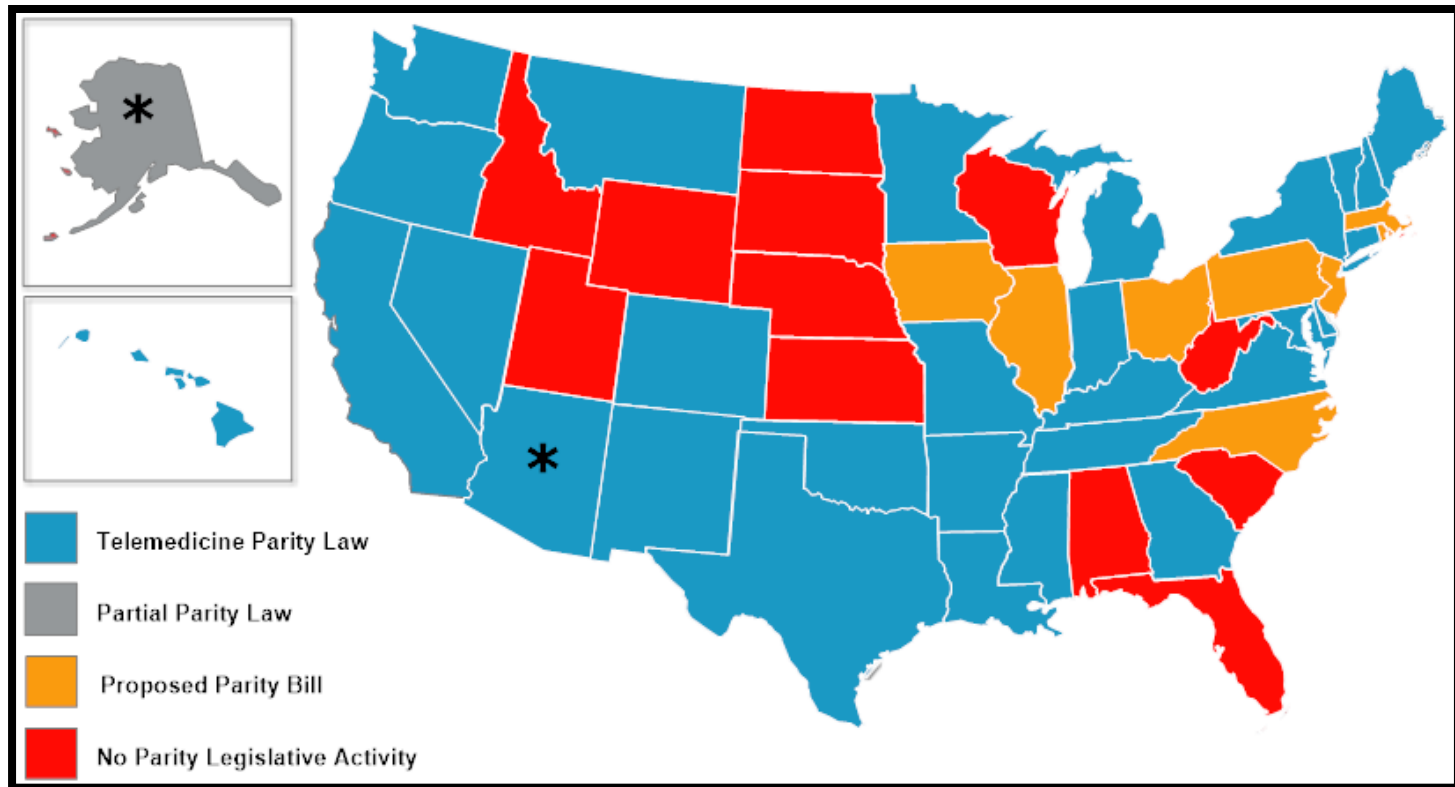
- Established in 1993
- Over 8,000 members world-wide



# 21<sup>st</sup> Century Landscape



# States with Parity Laws for Private Insurance Coverage of Telemedicine (2016)



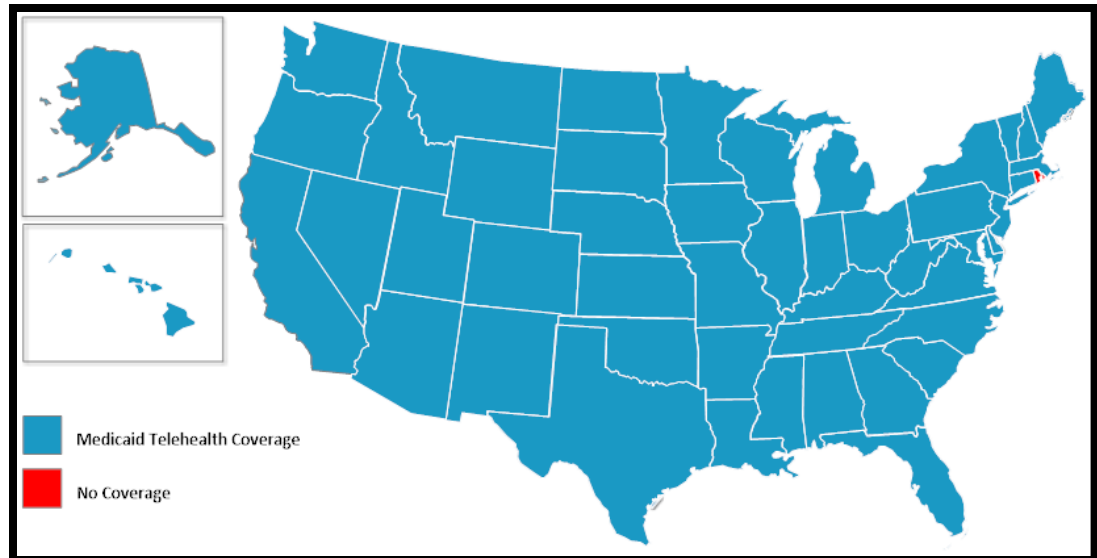
States with the year of enactment: Alaska (2016)\*, Arizona (2013)\*, Arkansas (2015), California (1996), Colorado (2001), Connecticut (2015), Delaware (2015), Georgia (2006), Hawaii (1999), Indiana (2015), Kentucky (2000), Louisiana (1995), Maine (2009), Maryland (2012), Michigan (2012), Minnesota (2015), Mississippi (2013), Missouri (2013), Montana (2013), Nevada (2015), New Hampshire (2009), New Mexico (2013), New York (2014), Oklahoma (1997), Oregon (2009), Tennessee (2014), Texas (1997), Vermont (2012), Virginia (2010), Washington (2015) and the District of Columbia (2013)

States with proposed/pending legislation: In 2016, Illinois, Iowa, Massachusetts, New Jersey, North Carolina, Ohio, Pennsylvania, and Rhode Island

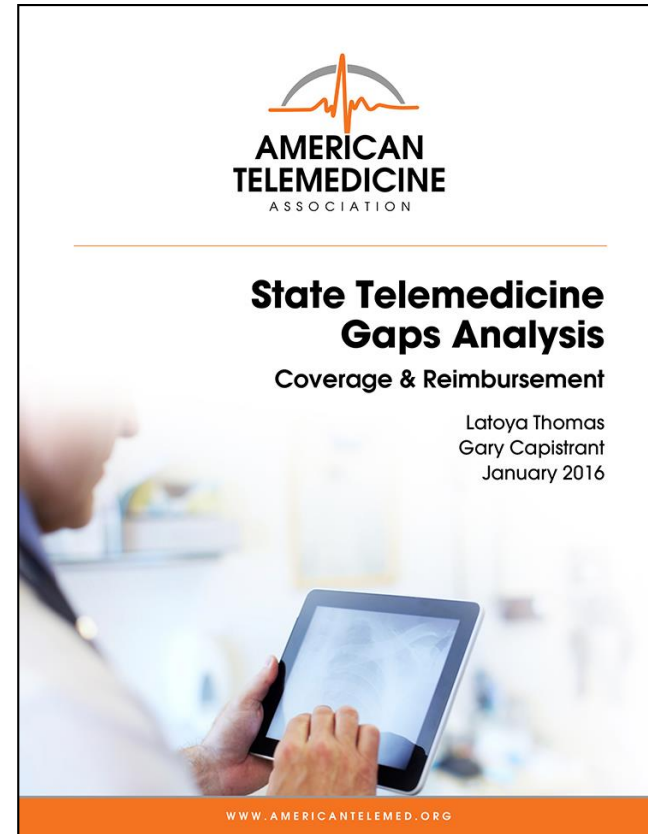
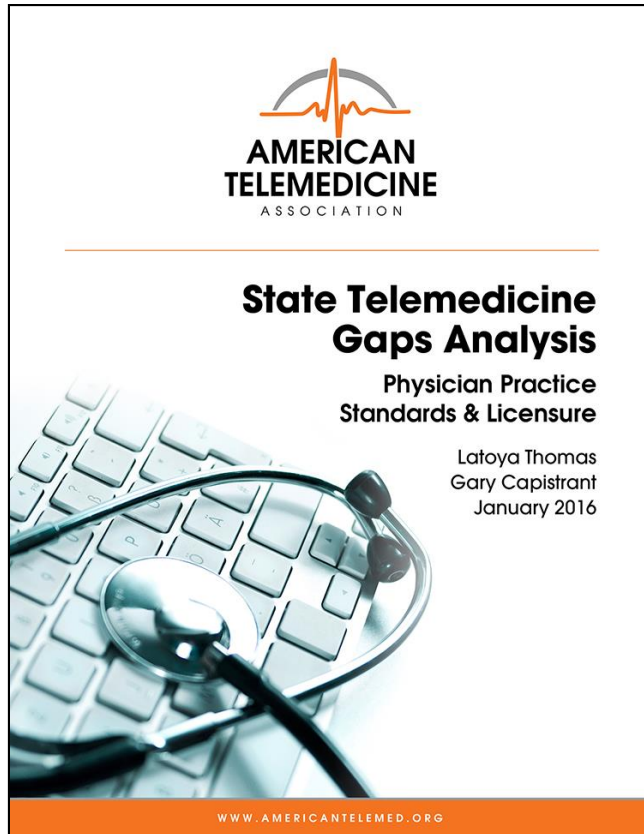
\*Coverage applies to certain health service.

# 50 State Medicaid Models Today

- **All cover imaging**
- **49 states cover something**
  - 49 telemental health
  - 36 home telehealth
  - 17 remote patient monitoring
  - 12 store-and-forward



# ATA State Telemedicine Gaps Analyses



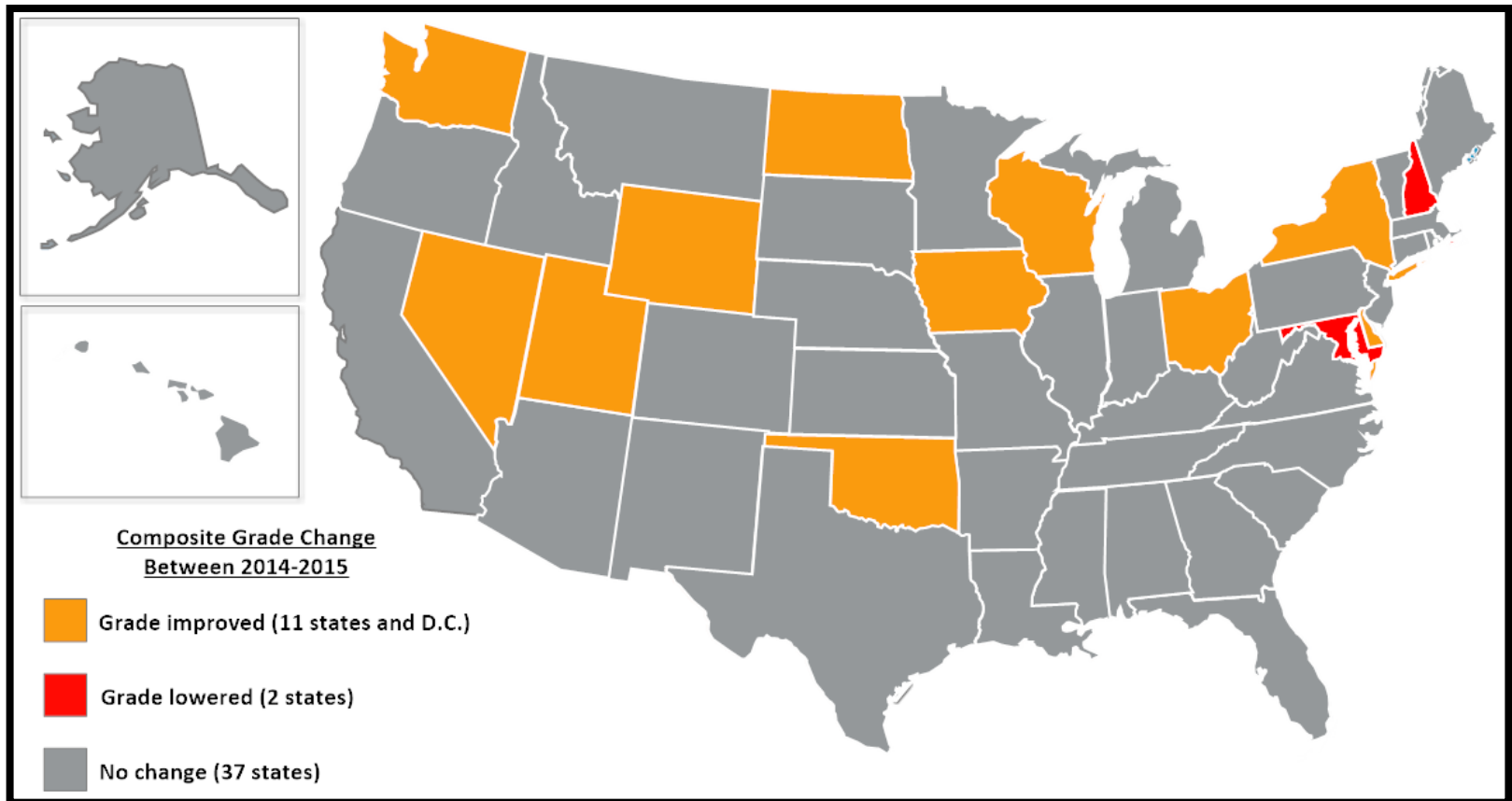
# Telemedicine Service Coverage Gaps: Medicare vs. Medicaid

	DE	MS	NV	NM	MEDICARE
Parity	A	A	A	A	F
Patient Setting	A	A	A	A	C
Eligible Technologies	F	B	F	C	C
Distance or Geography Restrictions	A	A	A	A	C
Eligible Providers	A	A	A	A	C
Physician-provided Services	A	A	B	A	B
Mental/behavioral Health Services	A	A	A	A	B
Rehabilitation	A	N/A	A	A	F
Home Health	B	A	B	B	F
Informed Consent	B	B	A	A	A
Telepresenter	A	A	A	A	A

Source: Thomas, L. & Capistrant, G. American Telemedicine Association. "State Telemedicine Gaps Analysis" January 2016.



# State Composite Ratings for Coverage and Reimbursement



Source: Thomas, L. & Capistrant, G. American Telemedicine Association. "State Telemedicine Gaps Analysis" January 2016.



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# Telemedicine in State Regulated Health Plans

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- **Trends**
  - **Payment reform**
    - Volume –to-Value
    - Capitated payments
    - Shared savings
    - ACOs and RCOs
  - **State-wide specialty networks**
  - **Direct-to-consumer models**
    - Primary/urgent care
    - Mental and behavioral health
    - Diagnostic screening and prevention
  - **Non-medical facility based care**
    - School
    - Home
    - Work
  - **State Employee Health Plans**
  - **Workers Compensation**

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# The State of Telemedicine in Your Professional Board

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# The State of Telemedicine in Your Professional Board

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- Hold telemedicine to the same standard as in-person care
  - Remote supervision of other health professionals
  - Establishing a provider-patient relationship
  - Prescribing and Dispensing
  - Initial and follow-up visits
  - Telepresenter
  - Patient informed consent
  - Provider and patient location
  - Technology allowed

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# Interstate Licensure Models

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- **National Reciprocity**
  - Department of Defense
  - Department of Veterans Affairs (S 2170 and HR 2516)
  - Medicare (S 1778 and HR 3081)
- **Expedited**
  - Federation of State Medical Boards (FSMB)
- **Reciprocity**
  - Regional e.g. D.C./MD/VA
- **Mutual Recognition**
  - National Council for State Boards of Nursing
  - Association for State and Provincial Psychology Boards (PSYPACT)
  - National Association of State Emergency Medical Services Officials
  - Federation of State Boards of Physical Therapy

# Telemedicine Opportunities

- Health, Disability and Liability Plan Parity
- Medicaid Managed Care
- Telestroke Diagnosis
- Mental & Behavioral
- Diabetes Care
- Workforce shortages and provider availability
- Home-Based Care
- High-Risk Pregnancies
- School-Based Care
- Broadband Service



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# ATA State Policy Resources

[www.americantelemed.org/policy/state-policy-resource-center](http://www.americantelemed.org/policy/state-policy-resource-center)

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- **2016 ATA Policy Priorities**
- **State Policy Toolkits**
- **State Gaps Analyses**
- **State Legislative Matrix**
- **(Members Only)**
  - State Legislative and Regulatory Trackers
  - Monthly State Webinar
- **State Policy Checklist**
- **ATA Wiki**
- **Telemedicine Practice Guidelines**
- **State Medicaid Best Practices**
  - Telemental and Behavioral
  - Remote Patient Monitoring and Home Video Visits
  - Store-and-forward
  - School-based
  - Managed Care
  - Telestroke
  - High-risk Pregnancies
  - Telerehabilitation

**AmericanTelemed.org**  
**ATAwiki.org**

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